



**DEPARTMENT OF THE AIR FORCE
HEADQUARTERS 916TH AIR REFUELING WING
SEYMOUR JOHNSON AIR FORCE BASE NORTH CAROLINA**

916ARWGM2015-36-01

17 September 2015

MEMORANDUM FOR 916 ARW, 567 RHS, 414 FG

FROM: 916 ARW/CC

SUBJECT: Extreme Weather Conditions and Fitness Assessments

By Order of the Commander, 916th Air Refueling Wing, this Guidance Memorandum immediately implements procedures for waiving the aerobic portion of the fitness assessment during periods of extreme weather conditions.

There are no releasability restrictions on this publication.

In accordance with Air Force Instruction 36-2905, paragraphs 4.1. – 4.1.2., and the HQ AFRC/CV authorization letter dated 16 July 2013, the Fitness Assessment Center (FAC) is authorized to waive the aerobic portion of the Air Force Fitness Assessment during periods of extreme weather conditions as outlined in attachment 8 of AFI 36-2905, *Fitness Program*. The aerobic portion of the Fitness Assessment is defined as the 1.5 Mile Run or the 2 Kilometer walk.

The Fitness Assessment Center Manager is designated as the Wing representative who will make the decision to execute the aforementioned weather waiver in the event weather conditions do not make completing the aerobic component permissible.

This waiver is authorized for all AFR personnel assigned to Seymour Johnson AFB, and may only be used once per year. This year long period is based on 365 days after the issuance of the waiver. All personnel granted this waiver are required to complete the remaining components of the assessment, to include abdominal circumference, push-ups and sit-ups, unless a profile exists exempting the member from a specific component. The results will be entered into the Air Force Fitness Management System (AFFMSII) in accordance with AFI 36-2905, paragraph 2.24.7. to receive a score. Those scoring Excellent or Satisfactory will re-test in six (6) months while those who score Unsatisfactory will re-test in 90 days.

Ensure that all records created as a result of processes prescribed in this publication are maintained in accordance with Air Force Manual (AFMAN) 33-363, Management of Records, and disposed of in accordance with Air Force Records Information Management System (AFRIMS) Records Disposition Schedule (RDS). This Guidance Memorandum becomes void after 365 days or upon publication of 916ARWI36-2905.

CRAIG B. SHENKENBERG, Colonel, USAFR
Commander